



urbanchill



GERMAINE DE CAPUCCINI

**We provide quality in
a world of mediocrity
in an environment that
speaks relaxation ...**



Wellness Therapies

Designed to help restore and soothe the mind, body and soul, our Wellness Therapies use specific Light Touch Massage, making them suitable for cancer patients, those on intensive medication or anyone in need of a completely soothing and de-stressing experience. Our therapies include the use of Obsidian and Onyx ritual stones which have natural rebalancing and healing properties along with carefully selected products that target skin related side effects caused by chemotherapy, radiation treatments and other strong medication.

Massage is known to have an extremely positive effect on the mind and body during periods of stress. Allow us to provide a much needed healing touch to restore an emotional equilibrium.

Aloe & Mint Cooling Body Therapy

This gentle light touch therapy combines the power of semi-precious stones to restore harmony to the mind, with a gentle cooling massage to soothe the body. Your Light Touch Massage uses products rich in Aloe Vera to deeply hydrate the skin, Lemon Oil to purify and Mint to refresh the body. Additional Rose Hip Oil soothes, nourishes and reduces irritation. Your therapy is completed with a de-stressing scalp pressure massage to aid relaxation. Ideal after Radiation therapy.



Phytocare Baobab Body Ritual

This relaxing and indulgent ritual uses ethically sourced, organic Baobab oil packed with antioxidants, vitamins and omegas to nourish and protect the skin. The ritual begins with a gentle full body exfoliation using Baobab seed shells to remove dead cells, followed by a soothing lymphatic massage with Baobab oil providing the skin with anti-inflammatory, nourishing and hydrating benefits. To complete your totally stress-reducing experience, our Baobab Scalp Therapy will help to revitalise the hair and soothe the scalp.

Calming Hand, Foot & Scalp Therapy

Chemical treatments can cause extreme dryness on hands and feet whilst stimulating hair loss, this therapy is designed to counteract these problems. Your therapy includes a gentle exfoliation on the hands and feet followed by a deeply hydrating mask to relieve extreme dryness and dehydration. Finally, completely relax with a revitalising scalp massage using Baobab hair oil to revitalise the hair and soothe the scalp.

Caring for your skin

Oncological treatments and strong medication often cause the skin to present unwanted conditions such as extreme dryness, irritation, hyper-pigmentation and sensitivity. Following the advice below can help to improve these conditions.

Change your skincare routine

Use extremely gentle products with soothing, natural ingredients to hydrate, nourish and help reduce irritation and dryness.

Protection

It is essential to wear a very high solar protection daily as the skin is much more susceptible to UV radiation during treatment periods. This will also help to reduce the appearance of pigmentation.

Regular Massage

Research has proved that having regular massage treatments can have a positive effect on the mind and body such as reduced anxiety, pain relief, improved immune function and renewed positivity.





Face Time

We don't believe that one size fits all, your skin is so unique it needs to be treated individually and we offer a stunning range of luxurious and rejuvenating face treatments using market leading products from world skincare specialists, Germaine de Capuccini. The favourite skincare brand of beauty professionals around the globe renowned for treatments that deliver both outstanding results and an exceptional experience.

To achieve and maintain the best results it is strongly recommended and highly beneficial to combine any facial treatments with the use of the homecare products available from the salon.

Royal Elixir

This treatment combats the signs of stress and fatigue. Packed with anti-oxidants and essential nutrients it strengthens the skin and helps it defend itself against environmental aggressions, skin is left smooth and radiant.

Purexpert Re-Balance

For those troubled with oily skin or spots, a highly effective treatment to balance the skin's PH and reduce oil secretion. Purexpert commences with an enzyme packed gel to extract blackheads and whiteheads, followed by a red clay mask to deeply cleanse and reduce the size of the pores. The treatment concludes with a Blemish Balm Cream to leave the skin smooth and hydrated.

Rose & Honey Harmony

This facial is designed to help alleviate symptoms of dry, flaky and sensitive skin. Soothing pure Rose Hip Oil, known for its healing properties is combined with our de-stressing Royal Jelly Elixir to revitalise dull tone whilst helping the skin to regain its natural immunity against daily aggression. Your facial is complete with our 5 rose petal mask which soothes skin prone to sensitivity brought on by emotional and physical stress. A luxurious gentle touch and healing massage with Obsidian and Onyx stones will help to restore peace to the mind and soul.

Excel Therapy O2 Cityproof

Two revolutionary masks work to repair and defend the skin against pollution damage and external stress. Our oxygenating bubble mask releases pure oxygen into the deep dermal layers of the skin, a second mask uses our dual matrix technology to activate the skin's immune system increasing its defence capability. This therapy also includes lymphatic facial massage to de-stress and detoxify the skin. A truly stunning treatment!

Timexpert Radiance C+

A rejuvenating facial that restores the skin's glow and vitality, it increases firmness and generates new collagen whilst reducing dark spots and pigmentation, incorporating a patented formulation that increases the benefits of Pure Vitamin C by 6 times.

Timexpert Radiance C+ ... Continued

This innovative therapy follows a unique method using our ground breaking massage ball alongside powerful formulations for truly radiant glowing skin.

Timexpert Hydraluronic

Plump, hydrate and improve your skin! A new dimension of hydration is delivered to the skin by exclusive ingredient formulations plumping and adding volume. Hyaluronic Acid is released to the deepest layers of the skin allowing recovery and preserving of naturally occurring HA in the skin. This therapy is elevated with a unique facial massage tool that works as a cooling method across the facial contours to actively plump lines. A cosmetic alternative to aesthetic injections with exalted improvement in the appearance of lines, wrinkles and hydration levels of the skin.

Timexpert SRNS Global Anti-Age ON

Everyday thousands of our cells are damaged by lifestyle and environmental aggressions. Over time, the gene structure within these cells becomes unable to repair itself and stops producing essential proteins that naturally slow down the ageing process. This therapy reactivates these dormant genes and boosts cellular regeneration using Epigenol and Zinc-Glycine Complex. A powerful all round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration.

Face Time

Timexpert Rides Neo Age

The most advanced therapy to combat lines and wrinkles, this highly effective treatment offers unparalleled results in reducing the length and depth of wrinkles. Neo Age combines its exclusive formula with a massage technique based on Facial Yoga and Cupping that adds to the effectiveness of this treatment. Ideally taken as a course of three treatments combined with the home care programme proven results show a 43% improvement in the reduction of lines and wrinkles.

Timexpert White


A powerful anti-ageing treatment to prevent and correct the appearance of dark spots and pigmentation. Using a powerful glycolic facial peel together with micro-dermabrasion it provides instant radiance to the skin, reducing areas of pigmentation and giving skin a more even tone. This treatment provides spectacular results immediately!

Expert LAB Chemical Peels

Expert LAB is a new line specialised in cosmeceuticals and it provides an efficient system of superficial chemical peeling for professional use with high quality pharmaceutical ingredients. A dynamic, safe and effective treatment capable of improving the texture and quality of all skin types, rejuvenating the appearance and erasing imperfections. Professional formulations and techniques that maximise results.

Dermatech Skin Rejuvenation

Using the most advanced micro-needling technology, this non-invasive and revolutionary treatment stimulates natural collagen production with visible results. Micro-needling creates microscopic punctures in the dermis stimulating the skin's natural repair systems, resulting in an increased production of elastin and collagen. Our Dermatech Pen is combined with cosmeceutical products to fade fine lines and wrinkles, improve skin texture and minimise large pores, reduce acne scarring, pigmentation and dark spots, sun damage and stretch marks. Results can be seen immediately and will continue to improve over the following weeks.



All treatments
are suitable
for men and
women



Additional services to add to your facial

These treatments can be added to any facial to enhance and maximise benefits.

LED Light Therapy

Non-invasive LED light therapy triggers your body's natural cell process to accelerate rejuvenation and repair of the skin. Using the light as a source of energy to fuel the repair of damaged cells, it stimulates the production of collagen and elastin and boosts circulation.

Lactobionic Renewing Peel

An advanced exfoliation peel that renews the skin at the deepest level, eliminates dead skin cells, detoxifies the dermis and reduces congestion. Formulated with Alpha Hydroxy Acids (AHA's) wrinkles and pigmentation are reduced and the skin is left more balanced and hydrated, enhancing the effects of subsequent treatments.

Collagen Boost Eyes

This therapy uses our exclusive Micro-Dermoxine Complex and Azarole Buds to increase collagen and elastin production. Lines and wrinkles are filled in and dark circles and puffiness are reduced, rejuvenating the eye contour.

Baobab Scalp Massage

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil, resulting in a highly effective stress relieving experience.

Body Bliss

Experience the relaxing and therapeutic benefits of massage with blended oils to de-stress, calm and soothe the mind and body.

Swedish Relaxation Massage

A deeply relaxing massage that eases the mind and reduces tension promoting a sense of well-being. Blended oils are used to intensely nourish your skin whilst your therapist adapts the massage pressure and technique to suit your preference and needs, so close your eyes and allow yourself to feel indulged....

Full Body Massage

Back, Neck and Shoulder

Back Massage

Deep Tissue Massage

Alleviate stress, ease aching muscles and revive the senses with this powerful customised therapy, deep rhythmic massage gives the whole body a vigorous workout reducing specific stress and muscle tension. Wind down and release the tension of the day!

Full Body Massage

Back Massage

Hot Stones Massage

This treatment is pure bliss! Water heated basalt stones are anointed with oils and used to massage the body providing a nurturing and enhanced therapeutic effect. The direct heat from the stones relaxes the muscles, boosting blood flow and stimulates the lymph. A deeply relaxing massage helping you to let go of the stress held within the body.

Full Body Massage

Back Massage

Mum to Be Massage

This inspirational therapy connects mother and baby through the power of touch and is profoundly nurturing and tranquil, helping to relieve tension in the back, alleviates swelling in the hands and feet whilst easing the mind and uplifting the spirit.

Most of
our body
treatments are
suitable for men
and women



Sublime Baobab Ritual

This hydrating and nourishing experience uses African oil taken specifically from the Organic seeds of the Baobab tree. A sublime relaxing ritual commences with an exfoliation followed by a soothing full body massage and energising leg treatment. For the premium treatment combine with the energising scalp massage. This treatment is also suitable for pregnant ladies.

Indian Head Massage

This massage technique uses fingertip pressures working over the face, scalp, neck and shoulders to ease away tension. It is especially good for relieving stress, fatigue, insomnia, headaches, migraines and sinusitis. This therapy is deeply calming and relaxing, leaving you feeling energised and revitalised.

Sienna Spray Tan

Give yourself a glow whatever the weather with our award winning spray tan that exceeds all others, a firm favourite with many celebrities and TV show personalities.



Eye Sparkle

Eyes are the windows to your soul and to ensure they look beautiful we offer a wide range of professional eye treatments to enhance and sparkle!

Eye Sparkle

A soothing and regenerating eye treatment includes eyebrow shape and tint, eyelash tint, scalp massage and lymphatic drainage to the eye area. Make up should be removed prior to this therapy.

Timexpert Collagen Boost Eye Therapy

A high performance and revolutionary treatment providing substantial results in smoothing lines and wrinkles and reducing dark circles whilst providing immediate luminosity to the eye contour, combining Facial Cupping, Facial Yoga and Gua Sha Massage with rose quartz. Best results are achieved after 3 treatments and daily use of Eye Contour Global Treatment at home.

LVL Enhance

Created exclusively by Nouveau Lashes, this is a revolutionary natural lash treatment taking the beauty industry by storm. It adds length, volume and lift to natural eyelashes, with no extensions, adhesive or mascara. Ideal for those seeking a more natural look, the effects are instant and last for 6 to 8 weeks. An eyelash tint is also included in this treatment.

Eyebrow Shape

Eyes may be the windows to the soul, but eyebrows are the window treatments! The shape of your eyebrows can enhance your appearance by flattering your facial shape, balancing your features, and framing your eyes. We shape your eyebrows either by using warm or hot wax or by tweezing or a combination of both.

Eyebrow Wax Eyebrow Shape and Tint

Eyebrow Tint

A brow tint will easily enhance the eyebrow shape.

HD Brows

We believe that brows are as unique as fingerprints. That's why our trained stylists work to create a brow that's totally tailored to you - not a stencil in sight. Whether you wish to grow back over plucked arches, tame bushy brows or just maintain that fresh brow feeling, we've got an eyebrow treatment solution for you.

Eyelash Tint

Your eyes are gorgeous, and your lashes too! So imagine what professional eyelash tinting will do for the depth and colour of your eyes and the definition of your face. And if you simply can't stay out of the water, imagine not needing mascara.

Eyelash Tint ... Continued

Eyelash tinting involves carefully dyeing the lashes with safe, natural tints to give them a luscious and darker appearance.

Threading

Threading is a natural method of hair removal that originates in the Middle East, India and China. 100% cotton thread is skilfully wielded to gently remove individual hairs from the root. It's fast, effective and leaves stunning results. Threading is becoming increasingly popular as a chic grooming regime for men and women.

Eyebrow Thread Eyebrow Thread and Tint

Please note that patch tests are required for tinting services and LVL Enhance at least 48 hours prior to appointments.

Inverness Ear Piercing System

All Inverness piercing earrings are pre-sterilised in tamper resistant cassettes marked with the Company's sterility guarantee. With Inverness it really is as simple as 1,2,3 their system is safe, gentle and sterile for true piece of mind and we pierce lobes and cartilage.



Beautiful Hands

Our manicure is a luxury treatment in which cuticles are soaked and tidied, nails are shaped, buffed and polished and hands are massaged and moisturised! Add exfoliation and heated mitts for even more indulgence and choose from over 200 colours in standard polish or Gel polish by professional market leading brands.

Bio Sculpture

Bio Sculpture Gel is a prescriptive nail care system designed to improve the natural nail health. Every single Bio Sculpture Gel manicure is tailored to your individual needs and nail type from the ETHOS treatments applied to the Base & Strengthening layers.

Manicure

File, soak, cuticle work, massage, standard polish and cuticle oil.

Express manicure

File, cuticle work, standard polish and cuticle oil.

BIO Sculpture Gel Manicure

File, cuticle work, ETHOS treatment, Base and Strengthening Gel applied, BIO or EVO gel colour, hand scrub, massage and cuticle oil.

Gel Polish Application

File, cuticle work and Gel Polish, hand scrub, massage and cuticle oil.

Remove and Replace Gel Polish

Removal, file and re-application of Gel Polish, hand scrub, massage and cuticle oil.

Gel Removal only

Removal, file, cuticle work, nail strengthener and cuticle oil.

IBX Repair System

An intense nail repair treatment offering professional help for weak and damaged nails. This intensive strengthening treatment works so you can build up length and durability starting from the inside out. Excellent for natural nails that require help with growth and it is also a complete protective shield under Gel polish. File, cuticle work, IBX application, nail strengthener and cuticle oil.

IBX Boost

A flexible and strong over the top universal nail coating that will smooth, strengthen, protect and act as a buffer layer under other services. Can be used in conjunction with IBX Repair System for added strength and protection. File, cuticle work, IBX Boost application and cuticle oil.

Additional Services to add to your manicure

French Polish

Deluxe treatment

(exfoliation, clay mask & heated mitts)

IBX Repair or IBX Boost treatment

Gel Removal prior to manicure





Treat Your Feet

Our pedicures are in a league of their own leaving you feeling like you are walking on air! Experience the Pedithrone with a colourful spa whirlpool and shiatsu massage system, the ultimate in luxury and relaxation and quite simply the best! Allow us to renew your feet, perfect your cuticles, file and remove hard skin and relax with a fabulous foot and leg massage. If that isn't enough our deluxe pedicures is the last word in pampering for the truly indulgent!

Elim Medi Pedi

The Elim MediHeel pedicure is a pedicure like no other! It is a medical grade pedicure treatment inspired by the results of an aesthetic facial treatment. State of the art ingredients are used to remove hard skin and calluses from the feet to reveal beautifully smooth skin, with results after just one treatment.

Elim Pedicure

File, cuticle work, exfoliation, clay mask, hard skin removal, massage and standard polish.

Sole Delight

File, cuticle work and standard polish.

Elim Pedicure with Gel Polish

File, cuticle work, exfoliation, clay mask, hard skin removal, massage and Gel Polish application finished with cuticle oil.

Gel Polish Application

File, cuticle work, Gel polish application and cuticle oil.

Removal and Replace of Gel polish

Removal, file, cuticle work, Gel polish application finished with cuticle oil.

Gel removal only

Removal, file, cuticle work, nail strengthener and cuticle oil.

Additional Services to add to your pedicure

French Polish

Deluxe treatment
(heated booties)

Removal service prior to pedicure



Please
bring open
toed sandals
or flip flops
with you!

Essential Grooming

A “must” for the ladies! Waxing is quick and easy, great for removing any area of hair and gives better results than hair removal creams or shaving. Waxing at urban chill isn't just about mundane hair removal. With the increasing popularity of exotic treatments such as intimate Brazilian bikini waxing, it is anything but the poor relation of hair removal. We offer everything from leg waxing to intimate hot waxing so welcome to Hollywood!!

1/2 leg wax

Standard bikini

Upper leg wax

Brazilian

– high cut or G string bikini

3/4 leg wax

Playboy

– landing strip

Full leg wax

Forearm wax

Hollywood

– everything removed

Hot Wax

Threading

Underarm

Lip

Lip wax

Chin

Chin wax

Lip and Chin

Lip and Chin

Full Face

Nasal

Full Face

Do not have heat treatments 24 hours prior to OR after waxing or threading.
Exfoliation is essential before waxing.





Men's Room

Male grooming is no longer a niche thing, it's a necessity. Modern men all over the world want to look fantastic at any age, from massage and facials to hands, feet and manscaping.

Swedish Relaxation Massage

A deeply relaxing massage that eases the mind and reduces tension promoting a sense of well-being. Blended oils are used to intensely nourish your skin whilst your therapist adapts the massage pressure and technique to suit your preference and needs, so close your eyes and allow yourself to feel indulged....

Full Body Massage

Back, Neck and Shoulder

Back Massage

Deep Tissue Massage

Alleviate stress, ease aching muscles and revive the senses with this powerful customised therapy, deep rhythmic massage gives the whole body a vigorous workout reducing specific stress and muscle tension. Wind down and release the tension of the day!

Full Body Massage

Back Massage

Hot Stones Massage

This treatment is pure bliss! Water heated basalt stones are anointed with oils and used to massage the body providing a nurturing and enhanced therapeutic effect. The direct heat from the stones relaxes the muscles, boosting blood flow and stimulates the lymph. A deeply relaxing massage helping you to let go of the stress held within the body.

Full Body Massage

Back Massage

Man-e-cure

File, soak, cuticle work, hand massage finished with cuticle oil.

Ped-e-cure

File, cuticle work, exfoliation, clay mask, hard skin removal, massage and cuticle oil.

Eyebrow shape

Back Wax

Chest Wax

Facials also available for men, please see 'Facetime' section of the brochure.

Offers & Information

Appointments

We highly recommend booking in advance to avoid disappointment.

Arrival

We recommend that you arrive 10 minutes prior to your appointment time, unfortunately late arrival will result in a reduced treatment time as a courtesy to the next client.

Cancellations

If you are unable to make your appointment, we request that you telephone the salon to cancel or reschedule your appointment. Cancellations cannot be made by email or message. We operate a wait list for clients and your cancellation could make another person very happy!

24 hours notice is required to avoid a 100% charge, missed appointments will also incur a 100% charge.

Offers and Promotions

Sign up for our promotions and newsletters via our website or WhatsApp and keep an eye on our Facebook and Instagram for our latest offers.

Gift Vouchers

Gift vouchers are available from reception and can be ordered by telephone with free delivery. They are valid for 6 months, are non-refundable and must be presented at the time of treatment. Expiry dates can be extended at an additional cost of £10 per month.

Essentials

Please remember flip flops or open toed sandals when having a pedicure. For spray tans please wear or bring with you dark, loose fitting clothing to your appointment and refrain from body lotions, perfume and deodorant on the day.

Health

Please advise us of any health conditions, allergies or injuries that could affect your treatments when making your appointment. Please tell us if you are or maybe pregnant.

Children and Pets

In consideration of other clients and for safety reasons we kindly request that you do not bring children or pets with you to your appointments.

Opening Hours

Monday & Tuesday:	9.00am - 5.00pm
Wednesday:	9.00am - 5.30pm
Thursday:	9.00am - 8.00pm
Friday:	9.00am - 5.30pm
Saturday:	9.00am - 4.30pm





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